

Sporting Diversity Programme – 3 Sessions

Day 1 – Sports played with a ball (school based)

Curriculum Area: Personal Development Strand 2: Mutual Understanding in the Local and Global Community – Relationships in the Community

Programme Objectives

1. To recognise that similarities and differences exist between the various sporting groups in Northern Ireland
2. To know about the diversity of cultural sports that contribute to Northern Ireland.

Programme Outline

Warm up – ice breaker activities - Children sit in 6 circles and using a ball children call out their name and their favourite game played with a ball. E.g. My name is Paul and I like soccer. They then throw the ball to a child from their partner school.

Parachute with a ball – children use the parachute to move ball in different directions and take part in various getting to know you activities.



PowerPoint Presentation – Children are given a brief introduction to the sports of Soccer, Rugby and Gaelic Football. They are shown pictures of famous people, places and teams connected to the sports they will be taking part in.



Ball skills –

- Children are split into 3 main groups made up of different sized teams depending on the numbers in each group.
- The teacher in charge will introduce the children to the sport they will be taking part in by showing them a demonstration of what drills they will be doing
- The children are then given the equipment they need before starting the drills.
- Children are given the opportunity to perform basic skill associated with these sports.



Craft Activity – Sports Jersey

Children are given the opportunity to design a sports jersey of their choice related to Soccer, Gaelic Football or Rugby.

Day 2 – Sports played with Sticks (school based)

Programme outline

Ice breaker - Name Game Children sit in 6 circles and call out their name followed by a word starting with the same letter of their name. E.g. my name is Martin and I like Manchester United . Chloe and I like camogie.

Brainstorm – In their teams children discuss facts and information about the three sports of hockey, hurling and camogie.

PowerPoint Presentation – Children are given a brief introduction to the sports of Hurling, Camogie and Hockey. They are shown pictures of famous people, places, trophies and rules connected to the sports they will be taking part in.

Stick Skills –

- Children are split into 3 main groups made up of different sized teams depending on the numbers in each group.
- Speedwell staff member will introduce the children to the sport they will be taking part in by showing them a demonstration of what drills they will be doing.
- The children are then given the equipment they need before starting the drills.
- Children are then given the opportunity to perform basic skills associated with these sports.



Craft Activity - Design a Sports Crest. Children are given the opportunity to design a sports crest using the hurling or Hockey template.

Day 3 – Sporting Diversity (At Parkanaur)

Programme Outline

Begin with a recap on the previous two sessions asking children what they learnt from them. We all play different sports due to a number of reasons e.g. cultural background, area we live in, schools we attend etc.

Warm-up Activity – My name is and I am. In their teams, each child introduces themselves to the rest of the team by stating their name and then an adjective to describe themselves (has to begin with the same letter as their first name).

Craft Activity - Children work together in groups to complete a Sporting Diversity map of Northern Ireland. They have to work to piece together a map of N. Ireland. This is then decorated with their favourite symbols.

Children pick 2 symbols to cut out and are also given the opportunity to draw their favourite symbol. These are cut out and displayed around the map. Children include their names underneath.



Outdoor Activity – Sporting Trail. In their groups and with the aid of a map, children make their way around the forest to try and locate various sporting symbols associated with the sports we have looked at.

Quiz Activity – “Who wants to be a millionaire” Using the “who wants to be a millionaire” quiz format aided with power-point, children have to answer a selection of sporting questions in their teams to see who can get closest to the million pound mark.



Programme Learning Experiences

- Explore and respect the differences between the main sports groups in Northern Ireland.
- Recognise the diversity of cultural sports that exists in Northern Ireland